

Eastern Carolina ENT Associates, PA

(919) 934-0948

What is an ABR?

ABR stand for auditory brainstem response testing and is completed by our clinical audiologist. This test is recommended by the physician for assessing causes of asymmetrical hearing loss (hearing in one ear better than the other), ringing or roaring in the ears, and obtaining approximate hearing thresholds in infants. This test usually takes about 1 to 1 1/2 hours to complete.

What is an ENG?

ENG stand for electronystagmography testing and is completed by our clinical audiologist. This test is recommended by the physician for assessing causes for dizziness and/or vertigo. This test usually takes about 1 to 1 1/2 hours to complete.

NOTE: If you are having both ABR and ENG performed, please allow 2 to 2 _ hours to complete.

INSTRUCTIONS:

1. Please refrain from taking any sedatives (sleeping medications), anti-dizziness medications (Antivert Meclizine, etc.), cold medicine, narcotics and/or depression or anxiety medications for 48 hours prior to the test time.
2. Please refrain from consuming any alcohol or caffeine 24 hours prior to the test.
3. Please eat and drink lightly before the test time.
4. Dress comfortably so that you may be as relaxed as possible. During the ABR, you will be required to lie on a table. During the ENG, you will be required to change into various positions. Please do not wear restrictive clothing.
5. Please refrain from wearing makeup or lotions on the day of the test. The audiologist will have to clean the skin in order to attach the measuring electrodes.
6. Please refrain from wearing earrings on the day of the test.
7. Please let us know ahead of time if you have chronic neck or back problems.

Thank you and please call our office if you have any questions at (919)934-0948.